

# ONLINE TEAM GUIDE

It will be possible to see the **Team Guide** online. This will help sharing the updated information for Teams on real time.

- Please see more information [here](https://www.kontiolahtibiathlon.com/teams):  
[www.kontiolahtibiathlon.com/teams](https://www.kontiolahtibiathlon.com/teams)

Please follow the updated information also because of the **COVID-19 situation**. Guidelines for national and local authorities are subject to change and information will be updated on the Teams website.

## EXTRA SERVICE

**Laundry service:** OC provides a laundry service to teams and other parties with OC's local partner.

**Food/groceries order:** There may be also possibility to order for example food and other groceries to the hotel to avoid contacts (for example visiting grocery stores) through OC's providing system, more information will be provided.

- Please see more information about extra services [here](https://www.kontiolahtibiathlon.com/teams):  
[www.kontiolahtibiathlon.com/teams](https://www.kontiolahtibiathlon.com/teams)

## LINKS

### IBU EVENT GUIDELINES COVID-19

- IBU'S Event Guidelines COVID-19 and Annexes:  
[www.biathlonworld.com/about-ibu/inside-ibu/staysafe/](https://www.biathlonworld.com/about-ibu/inside-ibu/staysafe/)

### FINNISH AUTHORITIES

Links to national guidelines to the page, e.g. face masks, hand hygiene and safety instructions.

- Finnish Institute for health and welfare:  
[www.thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates/transmission-and-protection-coronavirus](https://www.thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates/transmission-and-protection-coronavirus)
- Municipal authority of social and health services in North Karelia (Siun Sote):  
[www.siunsote.fi/corona/en](https://www.siunsote.fi/corona/en)

# INSTRUCTIONS ON COVID-19

## ARRIVAL

The Finnish Government adopted on 11 September a resolution on an operating model for implementing the hybrid strategy to manage COVID-19 in border traffic and travel. Special groups, as teams of World Cup Biathlon and other parties involved in World Cup Biathlon, are permitted to enter from all countries on justifiable grounds.

### Please note!

OC Kontiolahti will make an application of permission for special groups and will need following precise and correct information of teams and other parties

- Names, passport numbers and contact information (phone number)
- Information about travelling to Finland (arrival date and time to Finland, travel route, flight numbers, contact person, etc.)

Information will be sent to OC Kontiolahti as soon as precise and correct information could be confirmed, **at the latest five (5) days before arriving to Finland.** Information will be sent by email to:

### Sami Leinonen

Event Manager

[sami@kontiolahtibiathlon.com](mailto:sami@kontiolahtibiathlon.com)

### Please note!

In all cases above mentioned precise and correct information have to be sent to OC Kontiolahti. OC Kontiolahti will be able to act and implement measures according to the decision of the Finnish Border Guard concerning special groups only if information of teams and other parties is available.

OC Kontiolahti will send an official letter to teams and other parties after receiving above mentioned information. The official letter will give to the Finnish Border Guard a clarification of the purpose of travelling to Finland and ease the procedure at the border control.

### Please note!

All normal documents of travelling (VISA etc.) are still necessary to ensure the entry to Finland as usually.

## THE MODEL FOR THE ENTRY OF SPECIAL GROUPS

1. **A certificate of a negative COVID-19 test taken less than 72 hours prior to arrival to Finland, a certificate will be checked at border control by the Finnish Border Guard**
2. **No obligatory quarantine, self-isolation highly recommended**
  - Training is possible during self-isolation
  - Teams have a responsibility to follow instructions given by the Finnish health authorities, IBU and OC Kontiolahti
3. **A negative result from a second COVID-19 test taken 72 hours after entry** (More information about having 2nd test done by IBU Test Company will follow)

**NB! Please notice** that accreditation will be handed out only by providing a negative valid COVID-19 test and after signing the declaration (**IBU's COVID-19 Event Guidelines: Annex 1**). Those tests may not be older than 72h (finally depending on national regulations in the host country).

## REPORTING

- In case of feeling sick contact OC & IBU designated contact persons immediately via phone
- Isolation at the venue / in the hotel (room mates shall immediately move to the "spare room for isolation" and sick person stays in his/her room)
- Test will be conducted
- Isolation until test result and until the symptoms have resolved
- In case of a positive test result further measures and tests will be coordinated by IBU and local health authorities
- a positive COVID-19 test-result must be reported **immediately** to the IBU and OC designated COVID-19 contact person

**Please see the reporting instructions in the IBU's Event Guidelines and Annex 3, [here](#):**

- **IBU'S Event Guidelines COVID-19 and Annexes:**  
[www.biathlonworld.com/about-ibu/inside-ibu/staysafe/](http://www.biathlonworld.com/about-ibu/inside-ibu/staysafe/)

# CONTACT INFORMATION

## OC DESIGNATED COVID-19 CONTACT PERSON

**Miia Sorjonen**

+358 46 880 1037

[medical@kontiolahtibiathlon.com](mailto:medical@kontiolahtibiathlon.com)

# MORE INFORMATION

## TRACING APP

*Koronavilkku is a contact tracing app produced by the Finnish Institute for Health and Welfare (THL) to help you find out whether you may have been exposed to coronavirus. If you have a coronavirus test and are diagnosed as infected, you can use the app to share this anonymously with those you have been in close contact with. Your privacy is strongly protected.*

**You are able to download the tracing app "Koronavilkku" [here](#):**

[www.koronavilkku.fi/en/](http://www.koronavilkku.fi/en/)